



Sample Workshop Schedules

Two-day workshop

Day 1

9:00-9:30 Introduction of attendees and facilitators
9:30-10:00 Why Dance for PD Introduction and DVD
10:00-10:45 PD 101/Ask a Neurologist
11:00-12:00 Training Modules (EPE & DT course)
12:00-1:00 Lunch
1:00-3:00 Training Modules (EPE & DT course)
3:00-4:00 Dance for PD demo class for trainees taught by founding teachers

Day 2

9:00 am - 10:30 Seminar on logistical and administrative issues (EPE course)
9:00 am - 10:30 Anatomy of a Class (DT course)
10:30 - 1:00 Instructional techniques/Adaptations/Music (EPE course)
10:30 - 1:00 Teaching Practicum (DT course)
1:00 - 1:45 Lunch
2:00 - 3:15 Dance for PD class for members of the local PD community and trainees
3:15 - 3:30 break
3:30-4:15 Q&A with PD participants in class and teacher trainees
4:15 - 5:00 Final discussion and wrap up

Please see the three-day sample workshop schedule on the next page...

Three-day workshop

Day 1

3-3:30 pm Introduction of participants and schedule overview
3:30-5:00 Dance for PD demo class for trainees taught by founding teachers
5:15-6:00 Introductory panel discussion with program founders
6:00-6:45 PD 101/Ask a neurologist
7:00 Optional: Meet and greet at a local bar/restaurant

Day 2

10:00-11:00am *Optional: Dance warm up*
11:00-11:15 Why Dance for Parkinson's Disease film screening
11:30-2:00 Training modules
2:00-3:00 *Lunch*
3:00-5:00 Training modules (EPE and DT breakout sessions)

Day 3

9:00-9:45am *Optional: Dance warm up*
9:30-10:00am *Breakfast*
10:00 am - 11:00 Seminar on logistical and administrative concerns (EPE & DT course)
11:00 - 1:00 Instructional techniques/Adaptations/Music (EPE course)
11:00 - 1:00 Teaching Practicum with founding teachers (DT course)
1:00 - 1:45 *Lunch*
2:00 - 3:30 Dance for PD class for members of the local PD community and trainees
3:30 - 4:15 Q&A with PD participants
4:15 - 4:45 Final discussion and wrap up